



# Keeping Families Close

Fall 2022

Ronald McDonald House Charities Newfoundland and Labrador

RMHC  
Newfoundland  
& Labrador



## Ryder Renouf

It is hard to put into words how a parent feels when their child has been diagnosed with cancer. It has to be one of the most difficult experiences for a family. And for families who don't live close to the medical care and resources they need, there is an added stress, distance. RMHC gives families with a sick child what they need most – each other.

In the early months of 2022, Ryder was often not feeling well. It would start like the common cold and then go away. Fast forward to April, Ryder started spiking high fevers, complaining of pain and stopped eating. That's when his parents, Ashley and Ian, knew that something wasn't right. After spending 2 nights in the Corner Brook hospital, which was already two hours away from their home in Cape St. George, the pediatrician indicated that Ryder's bloodwork was concerning and they would need to travel to the Janeway Children's Hospital or further testing.

"My mind instantly went into panic mode because we didn't know what was wrong with Ryder, and we also have a daughter Brynlee and a brand new puppy to think about." said Ryder's mom Ashley Renouf.

Later Ryder was diagnosed with Leukemia. Their world was turned upside down. Ryder has been taken away from his extended family, his friends, his preschool and playing outside, to spending long days at the hospital receiving treatments in another city hours away from home. Brynlee's life changed too. To complete grade 1, she needed to transfer schools to St. John's.

"I've always heard of RMHC and seen advertising but didn't know exactly what RMHC entailed. When our social worker sat down and explained what RMHC was all about, that's when we knew this was where we needed to be during this long road ahead." Ashley continued.

Ashley and Ian have met several other families who are going through the same or a similar illness with their children. "It's nice to be able to talk to them about it and share stories or resources! The volunteers and staff are always going above and beyond to help us out when needed! You couldn't ask for any better!" said Ashley.



At Ronald McDonald House there are plenty of programs and resources to support families far from home with a sick child. "Being able to stay at Ronald McDonald has made things so much easier for my family. It meant that we can all be together and not have to stress at the cost or all the little things in daily life." Ashley continued.

While Ryder's battle with cancer continues, with treatments expected to continue into 2025, the Renouf Family have come to rely on the programs and services at Ronald McDonald House to keep their family together.

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### Did you know?

RMHC NL has **15 family suites**

Families have stayed with us more than **40,662 nights**

Families have saved an estimated **\$8.3M**

Cared for **1594 families**

We have more than **250 volunteers**

Your donation of **\$197** will cover the cost to host 1 family for 1 night

**Unlimited smiles**



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150 Clinch Crescent  
St. John's, NL A1B 4J8  
Charitable Registration Number 85050 2865 RR 0001



Facebook @rmhcnl  
Twitter @ourhousenl  
Instagram @rmhc\_nl  
YouTube /houseofcharitynl

# Adopt-a-Room

The **Adopt-a-Room program** ensures that the rooms at Ronald McDonald House are beautifully operated and maintained for families who need a comfortable place to stay while in St. John's seeking medical attention for their child.

## So many reasons to Adopt-A-Room

- In honor of someone you admire
- In memory of someone in your heart
- In recognition of an accomplishment



Thank you to  
  
 for renewing their  
 Adopt-A-Room  
 Partnership

There is a comprehensive recognition package provided to each donor that participates in the Adopt-A-Room program. Contact Christina Morgan, CFRE [christinamorgan@rmhcnl.ca](mailto:christinamorgan@rmhcnl.ca) for details.

# A Gift in your Will

Through a planned gift you can provide the greatest benefit to you, your family, and Ronald McDonald House. As part of your long-term financial planning, a planned gift can offer you substantial tax and estate planning benefits that allow you to make a lasting gift to Ronald McDonald House Charities® NL.

At RMHC, we recognize all those individuals on our Legacy Giving Wall who:

- have officially indicated their intent for a planned gift;
- have made a planned gift;
- have or will direct others to donate in their memory.

*If you are thinking about making a planned gift in your will to RMHC NL or would like more information please contact: Christina Morgan, CFRE, Director Development & Communications 709-733-5071 [christinamorgan@rmhcnl.ca](mailto:christinamorgan@rmhcnl.ca)*



Naming RMHC Newfoundland and Labrador as a beneficiary in your will is one of the simplest legacy giving options available to you.

# Board of Directors

**Theresa Rahal**  
 Director, Chair of Board

**Dr. Lynette Bowes**  
 Director and Chair of Programs Committee

**Blair Rogers**  
 Director, and Chair of Governance Committee

**Gary Follett**  
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**Angie Brown**  
 Director, Treasurer and Chair of Finance Committee

**Heather Peters**  
 Director

**Paul Rogers**  
 Director

**Erin Higdon**  
 Director

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**Family Service Associates**  
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**Fred Tucker**  
**Lynn Cooze**  
**Mark White**  
**Lisa St. Croix**  
**Alexis Cavanaugh-Myers**  
**Emily Drover**

**Finance & Administration Associate**  
**Benjamin Rosborough**  
[benrosborough@rmhcnl.ca](mailto:benrosborough@rmhcnl.ca)

**Charity Office**  
 709-738-0000 XO

**Family Services Desk**  
 709-733-2244

**Toll Free: 1-855-955-HOME (4663)**

# House Programs

**We are delighted to be welcoming back outside groups to assist with our programing**

The kitchen is the heart of every home. Imagine being part of a wonderful program that would provide comfort directly to our families. Our **Home for Dinner** and **Just Like Nan's Baked Goods** programs are the easiest ways for groups to support families at Ronald McDonald House. Just organize your friends, co-workers or club members and prepare a meal or baked goods for up to 40 people. You pick the menu, purchase the ingredients and prepare the food here at Ronald McDonald House. This can be a great experience for your family or co-workers while providing a wonderful service to families with a sick or injured child. At the end of a long day at the hospital, families are truly relieved to come "home" to a home-cooked meal or freshly baked goods.

**It's easy!! Check our LIVE program calendar and sign up online!**

Visit [RMHCL.ca](http://RMHCL.ca) for more details and changes to ensure the health and safety of everyone



*This is such a well organized program. We enjoyed every second of it! Thanks for allowing us to participate!*

- Rothlochston

# Wish List

Our Wish List is updated regularly as we meet new challenges and address the unique needs of our families. If you would like to support our families with a gift-in-kind, please check out our most recent Wish List on our website: <http://rmhcnl.ca/get-involved/wish-list/>



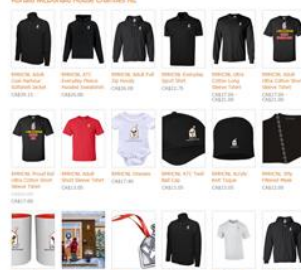
You can now shop for items needed the most on Amazon!



Merchandise Store Open  
 24 hours a Day



10<sup>th</sup> Anniversary items available for a limited time



All orders with



Pick up 52 Pippy Place St. John's or shipping can be arranged

# 5 ways you can help

[www.RMHCNL.ca](http://www.RMHCNL.ca)

## 1. Donate

Help keep families with a sick or injured child close to each other and the medical care and resources they need, when they need it the most. The cost of having a sick child and being away from home can really add up. Your single gift or monthly gifts will provide programs and services for families with a sick or injured child.

## 2. Volunteer

Volunteers make the difference in the lives of all the families that come through our doors - by cooking, by cleaning, by listening, or by simply being there and helping. Volunteers are also needed throughout our province to help with awareness and fundraising. Volunteer at RMHC today!

## 3. Tribute Gifts

Donations may be made in memory of a family member, friend or colleague. The bereaved family receives a special notice expressing condolences and informing them that a gift has been made. You will receive a tax-deductible receipt.

## 4. Community Fundraising

Are you interested in holding a fundraiser for Ronald McDonald House? Whether it be a bake sale, a fashion show or any other event you're involved in, there are many ways for you, your family or your workplace to get involved and raise much needed funds for the House. We have resources and fundraising staff that can help you get started. Please contact us at [info@rmhcnl.ca](mailto:info@rmhcnl.ca) or toll free 1-855-955-HOME(4663) for more information.

## 5. Planned Giving

As part of your long-term financial planning, a planned gift can offer you substantial tax and estate planning benefits and allow you to make a lasting gift to Ronald McDonald House. It can be a gift RMHC NL receives now, or in the future. It's a way for you to be a key House supporter while meeting your own personal financial goals.

Consider becoming a Monthly Donor. Your monthly gift of \$10 or more will help keep families together every day!

**OUR HOUSE**  
**MONTHLY GIVING CLUB**

**\$10** a month to celebrate

**10** years

Ronald McDonald House Charities  
Newfoundland & Labrador

2012-2022

<p>#McHappyDay may be over but... There are many ways to support <b>RMHC</b> at</p> <p>at McDonald's and a portion of proceeds is donated to <b>RMHC</b>!</p>	<p><b>Purchase</b></p> <p>at McDonald's and a portion of proceeds is donated to <b>RMHC</b>!</p>
<p><b>Purchase a</b></p> <p>and a portion of proceeds is donated to <b>RMHC</b>!</p>	<p><b>Round Up</b> your order total for <b>RMHC</b>!</p>

# SOCK IT

for *sick kids & their families*

November 18, 2022

Available only while quantities last



A fun day of wearing signature red and white striped socks, combined with fundraising efforts and social media sharing.

With just one item you will be supporting programs, services and raising awareness for RMHC NL

Pre-Order online Now  
[www.RMHCNL.ca](http://www.RMHCNL.ca)

## New Items this year!

Only while quantities last!

\$20



2022 "Gem" The Giraffe

\$20



Beanie

\$20



Heart Mittens

\$20



Striped Mittens

\$12



Signature Stripped Socks

\$8



Baby/Toddler Socks

Pop Up Store November 1<sup>st</sup> - 18<sup>th</sup>



**TRAILS TO RICHES**

Trails to Riches is a new and exciting **ESCALATING WEEKLY 50/50** designed to raise funds for

**FAMILY TIME**  
**PARK**

Just \$5 to play and \$5 per week to stay!

[www.TrailstoRiches.ca](http://www.TrailstoRiches.ca)

# Volunteer Spotlight Story

## Taylor Molloy



Taylor volunteering at RMHC NL and helping promote fundraising events

Our valued volunteers are at the heart of providing programs and services to families with a sick or injured child at Ronald McDonald House in the house and in the community.

**Taylor Molloy** is a McDonald's employee and among a very dedicated group of Family Services Volunteers at Ronald McDonald House. She volunteers on a regular schedule each week at Ronald McDonald House, helping with light housekeeping work, sanitization, and the family services desk. Her volunteer work helps deliver programs and services to families with a sick or injured child keeping all the common areas tidy. Through the course of her volunteer efforts she meets many RMHC families

Taylor has also helped with several fundraising events and activities this year. She is very dedicated and reliable. We can always count on Taylor.



Taylor's outstanding contribution of time and energy has certainly made a difference in the lives of sick children and their families in our province.

For more information about becoming a RMHC NL Volunteer in the house or in the community visit [www.RMHCNL.ca](http://www.RMHCNL.ca)

## Thousands Shared their Heart and made their steps count for families during the 11<sup>th</sup> annual Red Shoe Crew-Walk for Families

Thousands of individuals, groups, teams, businesses and families **made their steps count for families** during the annual Red Shoe Crew-Walk for Families presented by **Newfoundland and Labrador Hydro**. This year, the event had more flexibility for participants join a community event near them, or walk when they want, where they want in the month of September. All the funds raised will support the programs and services at Ronald McDonald House in accommodating sick or injured children and their families near the medical care and resources they need. Thank you to everyone that participated and supported Ronald McDonald House this year!

During the Final Step Event to be held **October 14, 2022** prizes will be awarded, sponsors will be formally recognized and we will announce the total amount raised.

[www.WalkforFamilies.ca](http://www.WalkforFamilies.ca)



Thank you to our **2022 Red Sneaker Sponsors:**



**2022 Red High Heel Sponsors**



**2022 TV Sponsor**



Proudly Presented by:



The holidays are an important time for families. At Ronald McDonald House it is a priority to celebrate special times of the year with families staying at Ronald McDonald House, especially during Christmas.

### Honor or Remember that special person in your life

For a tax-deductible contribution, one can **honor or remember a special person in their life or that hard-to-shop-for person on your Christmas list**. With each donation, a red light will shine in their honour on the Lights of Love Tree in front of Ronald McDonald House and we will also provide or send an acknowledgment card for the honoree.



To make a donation visit [RMHCNL.ca](http://RMHCNL.ca)



Details regarding the official lighting will be announced on our website and social media. Stay tuned for details.