



RMHC
Newfoundland
& Labrador

Keeping Families Close

SUMMER 2022

Ronald McDonald House Charities® Newfoundland and Labrador

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Denver Genge

Family is medicine, and right now, it's helping three-year-old Denver Genge of Brig Bay, NL fight cancer

Denver had surgery for a tumor when he was just a baby, but then relapsed in 2021 at age two. It was then he was diagnosed with neuroblastoma, a cancer that starts in certain very early forms of nerve cells.

For the Genge family, whose home is in Brig Bay, NL, this meant relocating on a semi-permanent basis more than 10 hours away in St. John's, to be near the medical care and resources Denver would need.

"It was quite a relief to actually have somewhere to go in a situation like ours, as the stress of trying to find accommodations especially on short notice is quite stressful" said Courtney Genge, Denver's Mom.

Staying at Ronald McDonald House meant they were close to the hospital, able to cook Denver's favorite foods and give him a "home-like" environment. The Home for Dinner Program was especially a favorite for the Genge Family, "It actually gives families a chance to eat *real food*. Ronald McDonald House gives us a home feeling instead of always feeling like we live at the hospital"

During Denver's treatments, he endured several surgeries, five rounds of chemotherapy, two stem cell transplants, five rounds of immunotherapy and cycles of medications.

"Everyone at Ronald McDonald House is so caring and respectful. They helped in every way, from having breakfast ready before early morning appointments, a new quilt to cuddle, a special surprise from the Magic Room, to our favorite memory, which was family time in the movie theatre. Ronald McDonald House made an unbearable time more bearable."



While Denver's journey has been long and difficult, Denver is now in maintenance treatments for the next two years. The Genge Family are thankful to Ronald McDonald House for providing vital programs and services to families with a sick or injured child.

Our Impact

RMHC NL has **15 family suites**

Families have stayed with us **40,662 nights**

Saving to families more than **\$8.3 Million**

1594 families stayed at RMHC NL

We have more than **350 volunteers**

Unlimited smiles

Your donation of **\$197** will cover the cost to host 1 family for 1 night

10 years
2012 - 2022



Ronald McDonald House Charities®
Newfoundland & Labrador

P.O. Box 28091
150 Clinch Crescent
St. John's, NL A1B 4J8

Charitable Registration Number
85050 2865 RR 0001

www.RMHCNL.ca

Did you know? You can support Ronald McDonald House Charities Newfoundland and Labrador each time you visit a McDonald's location in Newfoundland and Labrador!



Support Ronald McDonald House at your local McDonald's



We are looking for dynamic volunteers to host a Red Shoe Crew-Walk for Families Event this September in the following communities:

- Botwood
- Conception Bay South
- Corner Brook
- Deer Lake
- Gander
- Grand Falls-Windsor
- Lewisporte
- Marystown
- Port Aux Basques

Contact heatherbutler@rmhcnl.ca



Shop [Amazon now](#) for household items needed at Ronald McDonald House or donate Amazon Gift Cards!



WISH LIST

Our Wish List is updated regularly as we meet new challenges and address the unique needs of our families. If you would like to support our families with a gift-in-kind, please check out our most recent Wish List on our website:

<http://rmhcnl.ca/get-involved/wish-list/>

Board of Directors

Theresa Rahal
Director, Chair of Board

Dr. Lynette Bowes
Director and Chair of Programs Committee

Blair Rogers
Director, and Chair of Governance Committee

Gary Follett
Director, Chair of Facilities Committee

Angie Brown
Director, Treasurer and Chair of Finance Committee

Heather Peters
Director

Paul Rogers
Director

Erin Higdon
Director

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Family Service Associates

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Fred Tucker
Lynn Cooze
Mark White
Lisa St. Croix
Alexis Cavanaugh-Myers
Emily Drover

Family Services Desk
709-733-2244

House Programs

We are delighted to be welcoming back outside groups to assist with our programming

The kitchen is the heart of every home. Imagine being part of a wonderful program that would provide comfort directly to our families. Our **Home for Dinner** and **Just Like Nan's Baked Goods** programs are the easiest ways for groups to support families at Ronald McDonald House. Just organize your friends, co-workers or club members and prepare a meal or baked goods for up to 40 people. You pick the menu, purchase the ingredients and prepare the food here at Our House. This can be a great experience for your family or co-workers while providing a wonderful service to families with a sick or injured child. At the end of a long day at the hospital, families are truly relieved to come "home" to a home-cooked meal or freshly baked goods.

It's easy!! Check our LIVE program calendar and sign up online!

Visit RMHCL.ca for more details and changes to ensure the health and safety of everyone.



Through the Adopt-a-Room you can provide the most caring and practical support to families during this incredibly stressful time by providing a home-away-from-home. Adopt a family suite or a common area in Ronald McDonald House. Visit our website for details. RMHCL.ca

WestJet
Cares for Kids

Where would you go with a Trip for Two anywhere WestJet Flies?
One round trip flight for two guests to any regularly scheduled WestJet destination & \$100 prepaid Credit Card

PURCHASE NOW!!!
www.WalkforFamilies.ca

Tickets are \$2

Draw Date: **October 7, 2022**
\$200 seller's prize

#22-10156500LT

5 ways you can help

1. Donate

Your donation help provide programs and services for families with a sick or injured child. Families can stay at Ronald McDonald House for only \$15 per night, however the actual cost to support a family is \$197. Your single gift or monthly gifts will have a tremendous impact to a sick or injured child and their families to be together and near the medical care and resources they need.

2. Volunteer

Volunteers make the difference in the lives of all the families that come through our doors - by cooking, by cleaning, by listening, by simply being there and helping. Volunteers are also needed throughout our province to help with awareness and fundraising.

3. Tribute Gifts

Donations may be made in memory of a family member, friend or colleague. The bereaved family receives a special notice expressing condolences and informing them that a gift has been made. You will receive a tax-deductible receipt.

4. Planned Giving

As part of your long-term financial planning, a planned gift can offer you substantial tax and estate planning benefits and allow you to make a lasting gift to Ronald McDonald House. It can be a gift that Ronald McDonald House receives now, or in the future. It's a way for you to be a key supporter while meeting your own personal financial goals.

5. Community Fundraising

Are you interested in holding a fundraiser for Ronald McDonald House? Whether it be a bake sale, a fashion show or any other activity you enjoy or are involved in, there are many ways for you, your family or your workplace to get involved and raise much needed funds for Ronald McDonald House. We have resources and fundraising staff that can help you get started.

Visit www.RMHCNL.ca or contact us at info@rmhcnl.ca or toll free 1-855-955-HOME(4663) for more information.

FAMILY TIME PARK

Ronald McDonald House Breaks Ground on the new Family Time Park!



We have reached **83%** of our goal. Help us give more Family Time to sick children and their families in the new Family Time Park.

DONATE NOW!



Be watching for the **McDonald's sponsored Team RMHC rowing team** at the regatta this year!! As well as the **Team RMHC Running Teams** in various running events this summer

Royal St. John's Regatta



Look for us at the head of the lake!
Fun games & great prizes!!

Merchandise Store
Open 24 hours a Day

rmhcnl.ca/get-involved/merchandise-store



Make Your Steps Count for Families

September 2022

The 11th annual **Red Shoe Crew-Walk for Families** helps raise funds to provide programs and services for sick children and their families when they need it most. This event is hosted by volunteers and held in communities throughout Newfoundland and Labrador in the month of September. The event coincides with the anniversary of the opening of Ronald McDonald House and is the largest annual fundraising event. Participants register online or receive an event pledge sheet. By **MAKING YOUR STEPS COUNT FOR FAMILIES** and with every dollar raised, participants are helping keep sick children and their families close to each other and the medical care and resources they need, when they need it the most.

Find an event in a community near you or host your own event!

REGISTER NOW!

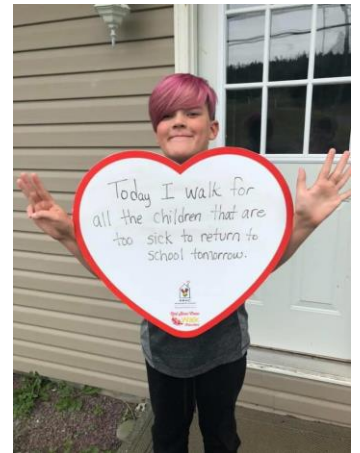
www.WalkforFamilies.ca

Proudly Presented by



Lots of great prizes and challenges

Share Your Heart Participate Challenge



Share Your Heart Business Challenge



#RedShoeCrew2022

Volunteer Spotlight

Natasha Hobbs

Introducing one of our newest Red Shoe Crew Leaders, Natasha Hobbs.

Natasha started volunteering for Ronald McDonald House earlier this year. In her new role as leader of the Clarendville Red Shoe Crew she has enthusiastically agreed to volunteer her time to fundraise for Ronald McDonald House throughout the year and primarily during the annual Red Shoe Crew-Walk for Families event this September. We are delighted to have Natasha part of our RMHC family and look forward to working with her to keep families with a sick and injured child close together and near the medical care and resources they need, when they need it the most. Since RMHC NL opened in 2012, there have been more than 750 family stays from this region.




Trails to Riches is a new and exciting ESCALATING WEEKLY 50/50 designed to raise money for

FAMILYTIME
—PARK—

Just \$5 to play and \$5 per week to stay!

www.TrailstoRiches.ca



Proudly presented by



The 10th Annual FORE the Families Golf Classic presented by McCain Foods Canada, records the highest fundraising results in the events 10-year history.

On Friday June 17, 2022 at the Wilds Golf Resort, the volunteer organizing committee for the event announced more than **\$74,000** was raised to support the programs and services offered to families with a sick child staying at Ronald McDonald House.

This event has raised more than \$600,000 for RMHC NL since its introduction in 2013.



SOCK IT
for *sick kids & their families*

Friday November 18, 2022
Available only while quantities last



A fun day of wearing signature red and white striped socks, combined with fundraising efforts and social media sharing.

With just one pair you will be supporting programs, services and raising awareness for RMHC.

Pre-Order online Now
www.RMHCNL.ca

for more information contact
info@rmhcnl.ca

New Items this year!
Only while quantities last!

\$20



2022 "Gem" The Giraffe

\$20



Beanie

\$20



Heart Mittens

\$20



Striped Mittens

\$12



Signature Stripped Socks

\$8



Baby/Toddler Socks



We are on Facebook!
Find us at @RMHNL



Interact with us on Twitter
Follow us at @OurHouseNL



Interact with us on Instagram
Follow us at @RMHC_NL